

Program Information	[Lesson Title] Being SMART about Goals!		TEACHER NAME Lindsay Tate	PROGRAM NAME Miami Valley Career Technology Center		
	[Unit Title] Orientation- Succeeding as an Aspire Student		NRS EFL(s) 3	TIME FRAME 60-90 Minutes		
Instruction	<u>ESOL Standards</u>					
	Receptive		Productive		Interactive	
	1. Construct meaning from oral presentations and literary and informational text through level-appropriate listening, reading, and viewing.	3.1.1	3. Speak and write about level-appropriate complex literary and informational texts and topics.		2. Participate in level-appropriate oral and written exchanges of information, ideas, and analyses, in various social and academic contexts, responding to peer, audience, or reader comments and questions.	3.2.1
	6. Analyze and critique the arguments of others orally and in writing.		4. Construct level-appropriate oral and written claims and support them with reasoning and evidence.		5. Conduct research and evaluate and communicate findings to answer questions or solve problems.	
	7. Adapt language choices to purpose, task, and audience when speaking and writing.		7. Adapt language choices to purpose, task, and audience when speaking and writing.	3.7.2		
	8. Determine the meaning of words and phrases in oral presentations and literary and informational text.		9. Create clear and coherent level-appropriate speech and text.			
			10. Demonstrate command of the conventions of standard English to communicate in level-appropriate speech and writing.			
	<u>CAREER COMPONENTS</u>			<u>DIGITAL LITERACY</u>		
<ul style="list-style-type: none"> • Individual Education, Career, and Life Plans • Ongoing Assessment and Learning • Career Advising • Instruction and Job Training Services 			<ul style="list-style-type: none"> • Basic Computer Skills • Internet and Communications • Productivity Software • Information Literacy 			

<p>LEARNER OUTCOME(S)</p> <p>Students will learn how to set goals that are Specific, Measurable, Attainable, Realistic, and Timely (SMART).</p>	<p>ASSESSMENT TOOLS/METHODS</p> <p>At the end of the lesson, students will create a SMART goal.</p>
<p>LEARNER PRIOR KNOWLEDGE</p> <ul style="list-style-type: none"> • Learners should know why goal-setting is important. • It will be helpful if learners have set a goal for themselves in the past. • Intermediate- advanced English language skills in reading and writing. • A basic understanding of the terms specific, realistic, measureable, attainable, and timely would be helpful, though it's not essential. 	
<p>INSTRUCTIONAL ACTIVITIES</p> <ul style="list-style-type: none"> • Warm up: Ask students what goals are and why they are important. Break students up into pairs to share a goal they have reached in the past and then share with the larger group. The instructor could also share a goal he/she has accomplished. • Go through the SMART goals presentation. Expect students to answer the questions and discuss the various parts. This can be adapted to an in-person or virtual learning classroom. The presentation will follow activities that require students to think about whether certain examples are SMART (can be done in the big group or individually) and students should write down a goal and share it with a small group. The student should also give feedback on SMART goals of their classmates. • To do another review, the instructor could do a Quizziz to further assess S's understanding. 	<p>RESOURCES</p> <p>Google Presentation: https://docs.google.com/presentation/d/1ZfWdQbw3fjKMy pbFC0cQy7DHICO9umI26q00ZQIETZc/edit?usp=sharing</p> <p>EdPuzzle: https://edpuzzle.com/media/5ff4a8fb3fdcce4269fb1d65</p> <p>Quizziz: https://quizizz.com/admin/quiz/5fff01c51f716c001b97681c/smart-goals-review</p>
<p>DIFFERENTIATION</p> <ul style="list-style-type: none"> • small groups/ pairs • teacher created handout • game • peer review 	

Refle ction	<p>TEACHER REFLECTION/LESSON EVALUATION</p> <ul style="list-style-type: none"> ● S's tend to really like this presentation because it allows for plenty of discussion. It is usually very difficult to get through this presentation in less than 60 minutes, so it is advised to allow for plenty of time. Since goals are a required component of being an Aspire student, I recommend you take your time with this lesson. ● Students tend to struggle with meeting all aspects of a SMART goal, so check in on them when you put them in small groups before sharing in the large group. ● Re-visit the SMART goal 30 days after the presentation to check on their progress and then plan on having a larger discussion 60 days after to see if the students met their goal.
	<p>ADDITIONAL INFORMATION</p> <ul style="list-style-type: none"> ● Instructors should be familiar with using Google Slides and how animations work (where the answers come up after the instructor clicks the space bar). This allows for more engagement. ● In order to use the EdPuzzle activity, the instructor must set up a free account and become acquainted with how to "Go Live" so that students can answer questions on their phone/computer during the video. If an instructor doesn't want to do this, I recommend he/she find a YouTube video and pause it occasionally to ask questions to check for understanding. ● In order to use the Quizziz quiz, the instructor must set up a free account and become acquainted with how to do a live quiz. S's would use their phones/ tablets/ computers to answer the questions. If an instructor does not want to do this, he/she could use white boards or even have students write their answers on a piece of paper while the instructor gives the questions verbally.

Setting SMART goals!

SMART goals are:

- **Specific**- the goal is clear and not vague. It's clearly defined.
- **Measurable**- you can assess your progress
- **attainable/achievable**- it's not impossible to achieve
- **realistic/relevant**- it is possible for you to achieve based on your situation/ it is a shorter goal that goes towards your long term goal
- **timely**- they have a time frame or deadline/date

SMART goals also must have action steps- HOW are you going to achieve your goal?

So now it's time to think about a smart goal you want to achieve within 60 days. Write your goal below:

The goal I want to achieve in 60 days is (don't forget to make it SMART!):

Two action steps I will need to take to achieve this goal are:

- 1.
- 2.

Example:

I want to learn 50 new vocabulary words by April 19.

My action steps are to:

Write down 2 new words every day and write a sentence using the new word. Do this 5 days a week for 5 weeks.